


PROVIDER	ACTIVITY	WHERE	DETAILS	AGES	DATE	TIME	COST	WEBSITE	PHONE	EMAIL	
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HITCHIN PARTNERSHIP CIO		Family Support Service for Hitчин Schools and the surrounding villages. We work alongside families giving practical support and user friendly parenting strategies. Referrals are made through schools with family consent.					www.hitчинpartnership.org	07817 715 023	hpadmin@wilshire.herts.sch.uk		
Please see below the activity providers who run clubs in our area. For the most up to date information and Covid-19 policies please refer to provider websites. Further assistance and signposting information please see last page.											
uPlay MULTI-SPORTS	Multi Sports Half Term Camp	Hitчин Girls School, Sports Hall, Highbury Rd SG4 9RS	An action-packed day of fun and exciting sports activities. Try out dodgeball, rounders, volleyball, badminton, tennis, hockey and loads more! Our coaches create a fun, safe and positive environment that focuses on promoting participation with the opportunity to try out new skills and develop their tactics with age-adapted activities.	5 to 13	30 May to 1 June	9am to 4pm (8am to 5pm available)	£78 Full Week, £26 Single Day, £5 early drop off £5 late pick up 10% sibling discount	www.uplaysports.co.uk	See website for booking and more details		
uPlay TENNIS	Tennis Camp	Hitчин Girls School	Suitable for beginners to intermediate players, our Tennis camps provide a great day out for those that are completely new to Tennis and want to try it out or have been playing a while and looking to improve their game! Camps involve learning Tennis tactics, technique and fitness using fun, engaging drills and games all in a safe and enjoyable environment.	4 to 15	30 May to 1 June	9am to 12pm	£45 Full week, £17 Single Day £5 Early Drop Off, £5 Late Pick Up 10% sibling discount	www.uplaysports.co.uk	See website for booking and more details		
uPlay SPORTS NETBALL	Netball Camps	Hitчин Girls School	This is a camp of netball-related skills and fitness in line with the current England Netball. Led by an EN qualified netball coach, this will be a fun day. The coach will be engaging children in fitness based activities focusing on functional movement and providing age an ability specific quality coaching highlighting how to improve technique.	9 to 14 (sch yrs 5-9)	01-Jun	12:30 to 4:30pm HGS, 10am to 3pm RMS	£35 (10% sibling discount)	uplaysports.co.uk / https://uplay-sports.class4kids.co.uk/camps	See website for booking and more details		
DW SOCCER CAMPS	May Half Term Soccer Camp	Our Lady School, Old Hale Way, SG5 1XT	Mini tournaments, street football, penalty shoot outs, football fun and games	Boys & Girls 5 to 13 Years	30 May to 1 June	9am to 3:15pm (early/late pick up/drop-off avail)	£19 (£17 if booked before 16/5/22)	www.dwsoccerschool.co.uk	07787 125 228	enquiries@dwsoccerschool.co.uk	
HITCHIN TOWN FC	May Half Term Football Fun	The Arena, Norton Road, Baldock SG 7 5AU	Fun football course with fully FA qualified & DBS checked Hitчин Town 1 st team players & coaches. Book your place online.	5 to 14 boys and girls	31 May & 1 June	9:30am to 3:30pm	£40 per child	www.northhertsarena.co.uk Book online at https://www.northhertsarena.co.uk/book-online	01462 720088	info@htcfc.co.uk	
Fit4OCR Obstacle Race Training Centre	Children's Active Hour see website for up to date details	Fit4OCR Obstacle Race Training Centre, Norton Road, Baldock, SG7 5AU	Fun, guided activities over the obstacles on site. COVID-Secure precautions and restrictions are in place to ensure the safety and wellbeing of everyone.	4 to 17 year olds		Various - online	See website for updates	www.fit4ocr.com https://book	07720 570 822	info@fit4ocr.com	
RISING STARS MULTI-SPORTS	GYMNASTICS & TRAMPOLINING	Codicote Primary, Meadow Way, Codicote SG4 8YL Pixmore Jnr School, Rusby Mead, Letchworth, SG6 1RS Samuel Lucas School, Hitчин SG5 2JQ	Gymnastics & Trampolining	4 to 11 (4yr olds can attend until 2pm)	30-May 31-May 31 May & 1 June	10 to 2pm / 10am to 3pm	10am to 2pm £17.50 / 10am to 3pm £20	www.risingstars-online.co.uk	01462 790152	multi-sports@risingstars-online.co.uk	
RISING STARS WRAPAROUND CARE (Sister Company to RISING STARS MULTI-SPORTS LTD)	Term Time and Holiday Courses Ofsted registered Holiday Club, Childcare Vouchers accepted	Rising Stars Wrap-Around Ltd Mary Exton Primary School, Hitчин	Activities including Indoor and Outdoor games! Crafts! Inflatables! A variety of Sports! Chill and Care!	4 years old to 11 years old	30 May to 1 June	Full Day 8am to 5pm or half day 8am to 12pm, 10am to 3pm, 12pm to 5pm	Full day £22.50 Half Day £17.50 (please provide a packed lunch)	https://risingstars-wraparound.co.uk/	01462 790 152	risingstars.magicbooking.co.uk	
HITCHIN BOYS' SCHOOL SPORTS CENTRE	Mini Sports Camp	Hitчин Boys School, Grammar School Walk, SG5 1JB	Activity camp. Action packed week lead by DBS checked, first aid trained, qualified pre-sch sports coaches.	3.5 to 5	30 & 31 May	9:30am to 12:30pm	£25 per session childcare vouchers accepted	https://app.loveadmin.com/Login/D5B250E4AE71A0E8C8256EC9389629E1.htm	camps@hitчинboys.co.uk		
	GTD		GTD sessions are a great way to try multiple disciplines of Gymnastics, these sessions include Floor Gymnastics, Tumbling, Trampolining and Double Mini Tramp.	6 to 12	31 May & 1 June	10am to 11am and 11am to 12pm	£15 per session, childcare vouchers accepted, 10% sibling discount.				
GM Hockey		Blueharts HC	Contact major.marsh@hotmail.com for details	7 to 14		10am to 3pm	£40 per day or £100 per course			major.marsh@hotmail.com	

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KIDS COMPANY	See website for details	Kimpton Primary School High Street Kimpton SG4 8BB	see website for details			See details	See details	https://kids-company.co.uk	07749 122883	lisa@kids-company.co.uk
SMALL STARS	Summer Holiday Camp	Norton St Nicholas, Letchworth	Encouraging and inspiring through PE, Sport and the Arts	5 to 12	31 May & 1 June	9am to 3:15	£25	Facebook Small Stars	07943 549640	admin@smallstarsgroup.com
LETCWORTH SPORTS & TENNIS CLUB	Camp Go!	Muddy Lane, Letchworth Garden City, SG6 3TB	Tennis Camp with added activities such as football, hockey, team games and much more! Join the fun! Kids are split into age groups where possible.	5 to 12		9am to 12pm (early drop off avail, T&Cs apply)	Ages 5-12 £16	https://www.drhsports.co.uk/camp-go-kids-camps/letchworth-sports-and-tennis-club-holiday-camps	07901 903520	campgo@drhsports.co.uk
ENERGY KIDZ	See website for details	Highover JMI School & Nursery, Cambridge Road, Hitчин	Opportunity to try a range of activities including arts, crafts, science and action games.	4 to 11	see website		Check website for details of clubs that may be available	www.energy-kidz.co.uk	0333 577 1533	info@energy-kidz.co.uk
POPDANCE KIDS	EASTER CAMP	Samuel Lucas School, Hitчин SG5 2JQ	Want to learn lots of fun dance routines to pop music? Want to dance like Taylor Swift, Bruno Mars, Little Mix or Justin Timberlake? PLUS an egg-citing Easter Egg	5 to 10		10am to 3pm	£20 per day, £73 for all 4 days	www.popdance.co.uk/hitchin		Ciara@popdanceworld.com
MARKET THEATRE	May Half Term 3 Day Workshop	6a Sun Street, Hitчин	Games, drama exercises and improvisations with a short showing of the childrens work on the Thursday at 3.30pm. Booking essential	5 to 14	31 May to 2 June	10am to 4pm	£100	https://www.markettheatre.co.uk/kids-club/		kidsclub@markettheatre.co.uk
	Summer Holidays 3 Day Workshop		Games, drama exercises and improvisations with a short showing of the childrens work on the Thursday at 3:30pm. Booking essential	5 to 14	25 to 29 July & 22 to 26 Aug	10am to 34pm	£100	www.markettheatre.co.uk		
ICKLEDRAMA	EASTER COURSE	Ickleford Village Hall, Ickleford	The Pied Piper' by Nick Perrin & Ruth Keyword. Performance on Friday 8 April at Ickleford Village Hall at 2pm. Become an actor for five days and put on a musical.	Reception to Year 7		10am to 3:30pm	£100 per student, tickets for performance £4 per person	www.ickledrama.co.uk	07961 426268	ickledrama@hotmail.co.uk
HITCHIN FUN CLUB	See website for booking and details	Highbury School, Standhill Road SG4 9AG	Lots of Activities - see events on website. If children have never been to Hitчин Fun club you will need to pay a membership fee of £10/year	4 to 12	Arts & Crafts Project Week - See website for details	7:45am to 6pm	£33 per day plus £1.20 for hot snack. See details & website for more info. Annual reg fee. £10/family	www.hitchinfunclub.co.uk	01462 450925 or 07783 027534	holidayclub@gmail.com
PLAYALLOUD PIRTON (Ofsted EY424905)	Contact for details	Play Aloud Pirton, Pirton Village Hall, High Street Pirton SG5 3PS	Pirton are open Monday - Wednesday 8-6 for Feb half term. Packed lunch needed. Making Valentine's Day Gifts. Healthy Eating with the Hungry Caterpillar.			8am to 6pm	£4.50/hr (min booking 3 hrs) Breakfast and Dinner avail on request (advance booking only)		07985 517911	pirton@playaloud.co.uk
PLAYALLOUD ST ANDREWS	Email for further details and to book your place.	Play Aloud St Andrews, St Andrews School, Benslow Lane, Hitчин SG4 9RD	30 May Building your own rockets Make your own space magnet. 31 May Make your own solar system Design your own tshirt. 1 June Alien Cup crafts Make your own moon pictures		30 May to 1 June	8am to 5pm				Standrews@playaloud.co.uk
HITCHIN COMMUNITY WELLBEING DAYS	FREE Family Wellbeing Activities including refreshments	Westmill Community Centre, John Barker Place, Hitчин, SG5 2PG	6 June - Messy Play for Under 5s	Under 5	06-Jun	10am to 11:15am	FREE	https://www.healthyhubnorthherts.co.uk/	01462 474 111	healthyhub@north-herts.gov.uk
			6 June - Mindfulness taster session for adults	Adults	06-Jun	12:30pm	FREE			
			4 July - Healthy Fun with Food for under 5s	Under 5	04-Jul	10am to 11:15am	FREE			
			4 July - Flower arranging taster session for adults	Adults	04-Jul	1:30pm	FREE			
		Hitчин Town Hall, Brand Street, Hitчин SG5 1HX	27 May - Flower arranging taster session	Adults	27-May	10am	FREE			
			24 June - Pottery Painting for adults	Adults	24-Jun	9:30am	FREE			
			24 June - Yoga taster session for adults	Adults	24-Jun	12pm	FREE			
			29 July - Healthy Fun with Food for under 5s	Under 5	29-Jul	9:30am	FREE			
29 July - Mind in Mid Herts Boosting self-esteem for adults	Adults	29-Jul	11am	FREE						

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BRITISH SCHOOLS MUSEUM	May Half Term activities	41-42 Queen Street, Hitchin SG4 9TS	webiste for details					British Schools Museum Event tickets Yapsody		admin@britishschoolsmuseum.org.uk
NORTH HERTS MINORITY ETHIC FORUM	Various Activities - FREE		Maths GCSE Revision Club. IT for beginners. Job Club. GDPR Course - 2hr course with recognised Accredited Certificate. Excel for beginners. Ladies fitness Classes FREE for 5 week block. Water Aerobic for ladies FREE for 5 week block.					www.nhmf.org.uk	01462 440224	cdo.nhmf@outlook.com
DADS (& Grandads & Dad Figures) PLAYGROUP	Who Let the Dads Out? Playgroup	St Paul's Church Hall, Pixmore Way, Letchworth SG6 1OT	A Place for Dads, Grandads and Dad figures to spend time and have fun with their children up to 6 years old. Bacon Rolls, Coffee for Dads, Toys, Activities & Crafts for children	up to 6	Sat, 11 June, Sat, 9 July	10a to 11:30	FREE	Facebook @wholetthedadsoutletchworth		

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SEND / Additional Needs										
HERTFORDSHIRE FAMILY CENTRE SERVICE	SEND DROP In	Chestnut Tree Family Centre, c/o Garden City Academy, Radburn Way, Letchworth SG6 2JZ	1st Thursday in every month 10am to 11:30am. Children are welcome to attend with you or you can attend on your own. No diagnosis needed.		1st Thursday of every month	10am to 11:30am	FREE -book your place	https://www.eventbrite.co.uk/o/herts-family-centre-service-north-herts-district-17943475208	0300 123 7572	hertsfamilycentres.org
ANGELS SUPPORT GROUP	Groups and sessions have been running online							www.angelsupportgroup.org.uk		info@angelsupportgroup.org.uk
SPACE - Lending Space	Lending SPACE is an equipment lending library for families living in Herts with children and young people with autism, ADHD or other additional needs. It offers an extensive range of specialist sensory, practical and educational equipment and resources for families to borrow. It's an ideal way to try expensive equipment to see if works for the needs of your child. Funded by HCC.							Lendingspace@spaceherts.org.uk or see Lending SPACE Facebook page .		
SPRINGBOARD	One year full time course for young people aged between 16-24 with Asperger's Syndrome, high functioning Autism or anxiety who may experience social, emotional and mental health difficulties. Aim to equip young people with confidence, independence and social skills needed to reach their full potential and move successfully into mainstream college or employment (ages 16 to 24)								01923 630 408 (Lynda Howell)	howell@nhc.ac.uk
PHOENIX GROUP FOR DEAF CHILDREN	Spring Holiday Fun	Early Birds and Families - Standalone Farm 7 Apr 10:30am £5 per person, Easter Crafts and Easter Egg Hunt 13 April 10:30 £2.5 per child. Flyers Rock Up Climbing , Watford 5 Apr 11:30am £7.50 per person, Friends at Phoenix Day Scheme 6 April & 12 April - see website for info. Youth Group Boat Trip Union Canal 4 Apr £5 per person. Rock Climb 5 Apr £7.5, London Trip with Travel Training 14 Apr £15 per person. Phoenix Plus Boat Trip on Grand Union Canal 4 Apr £5, Friend at Phoenix 11 Apr	0 to 30	Youth and Phoenix Plus - various activities being held in half term - See website for details			www.phoenixgroup.org.uk / @PhoenixDeaf	07748 690989	info@phoenixgroup.org.uk	
Kids	KIDS is a national charity, founded in 1970, that provides a wide range of services to disabled children, young people and their families in England. Last year, 13,700 disabled children from birth to 25 years benefitted from our work. Our services include: drop-in crèches and nurseries for the under 5s to youth clubs, short breaks and residential stays for young adults. Commissioners and users appreciate the high quality of our information, advice and mediation services and 96% of parents say they are happy with the KIDS services they receive.							www.kids.org.uk/hub	01992 504013	hub.herts@kids.org.uk
Hertfordshire Additional Needs HAND	Free to join for parents or carers of a child or young person with an additional need or disability			0 to 25			FREE	https://www.hertfordshire.gov.uk/microsites/local-offer/courses-and-activities-in-hertfordshire/hertfordshire-additional-needs-database.aspx	01992 556984	
UP ON DOWNS	See website or contact directly for further details.	A range of activities for all age groups; face to face online, craft packs delivered to homes. Monthly Family and friends meetings in Hitчин for parents and children, siblings and supporters.			Every second Saturday in the month			www.upondowns.co.uk	01727 420365	enquiries.nhdowns@yahoo.co.uk
NORTH HERTS FOOTBALL FACILITY	JUNIOR ABILITY COUNTS	Hitchин Town Community FC, The Arena, Norton Road, Baldock SG7 5AU	Open to any children 7-16 years old with a disability or special education need who is able to walk	7 to 16	NEW DATES COMING SOON			www.northhertsarena.co.uk	01462 720088	info@htcfc.co.uk
LETCHWORTH GARDEN CITY EAGLES	INCLUSIVE FOOTBALL	Hertfordshire County Ground, Letchworth SG6 2EN	Letchworth Garden City Eagles have teamed up with partners Herts Sports Partnership and Hertfordshire Football Association to deliver weekly sessions for players with any disabilities. The disability sessions will initially run for 12 weeks and are aimed at all differing impairments. The sessions will provide a safe fun learning environment for all players taking part. Run by a qualified coach, all sessions will take place on the Hertfordshire FA state of the art 3G pitch and offer the opportunity to participate in exciting and engaging practices. As well as developing skills within football, the program will also help improve social skills and confidence. The aim of the coaching program is to create an enjoyable and safe environment for everybody to enjoy sport. During the program, we will look to develop sporting skills, as well as social skills and confidence.	7 to 15 yrs	Wednesdays	4pm to 5pm	FREE	Junior Ability Counts – Inclusive	07788 391 609	jason.valentine@letchworth.com
HERTS DISABILITY SPORT FOUNDATION	Find an activity through the website							Find an Activity - Herts Disability (hdsf.co.uk)		
	Imagine Move	Westmill Community Centre, John Barker Place, Hitчин, SG5 2PG	Sensory movement classes using props, music and dance-based activities to improve social interaction and expand a child's imagination. Suitable for children who need to improve their social skills and awareness of self and others. Magic Movers. Creative dance classes using movement to explore dance styles and expand children's confidence in performing. Perfect for those who love to dance and express themselves!	age guidance 3-4	Wednesdays	4pm to 4:30pm	£4	https://www.facebook.com/ImaginationDCIC/	07394 934911	info.imaginationarts@yahoo.com
				age guidance 7+	Wednesdays	4:45pm to 5:45pm	£7	imaginationarts.co.uk	07394 934 911	info.imaginationarts@yahoo.com

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IMAGINATION DANCE	Imagine Move	Biggleswade: Saxon Pool & Leisure Centre, Saxon Drive, Biggleswade SG18 8SU	Sensory movement classes using props, music and dance-based activities to improve social interaction and expand a child's imagination. Suitable for children who need to improve their social skills and awareness of self and others.	age guidance 3-4	Fridays	4:30pm to 5pm	£4	https://www.facebook.com/ImaginationDCIC/	07394 934911	info.imaginationarts@yahoo.com
			Magic Movers. Creative dance classes using movement to explore dance styles and expand children's confidence in performing. Perfect for those who love to dance and express themselves!	age guidance 7+	Fridays	5:15pm to 6pm	£7	imaginationarts.co.uk		07394 934 911
	Imagine Move	Hampson Park Community Centre, Hampson Park, Webb Rise, Stevenage SG1 5QU	Sensory movement class for those aged 3+ with suspected or diagnosed additional needs.	age 3+	Tuesdays	4:30pm to 5pm	£5			
	TERMLY STEVENAGE THEATRE GROUP	Gordon Craig Theatre, Stevenage	Term Time groups are fully inclusive and we welcome everyone, particularly those with a special need or disability. Come and learn skills in drama, make friends, boost confidence and improve well-being in a friendly and relaxed space. These groups run each term (10-12 wks) with a break for half term. We also offer the chance for new participants to attend two sessions for a free taster.	5 to 12		4:45pm to 6pm	£67 per term			
				12 to 18		6:15 to 7:45pm	£72 per term			
360 play stevenage - SEN Sessions	SEN Evenings	Unit 6, Six Hills Way, Stevenage Leisure Park, SG1 2UA	A safe, inclusive and secure environment with friendly experienced staff. Booking essential		First Friday of each month - check website for current information	6:30pm to 8:30pm	£6 per child, free for adults	https://online1.venpos.net/ConsumerSite/ShowPage?LID=404&PID=9beaa121-b013-417d-9db1-8a4a45597c6f&LNG=en#PPP	01438 365744	stevenage@360play.co.uk
Gravity Tramp SEN Sessions	Gravity Sensory Sessions	Unit 1, Six Hills Way, Stevenage	Lights up, sounds down, 60 minutes for whole park. Open exclusively for members of recognised disabled groups			Various session see website for details (01/07 at 4:30pm, 06/07 at 1pm plus many more)	£5 see website for carer discount	https://gravitystevenage.centreedgeonline.com/class/classdetails/15f8b19a-b606-4205-bdd1-157d0b69d0e	0330 1595815	enquiries.stevenage@gravity-uk.com
FLYERZ HOCKEY	St Albans Flyerz is a disability hockey project which makes hockey available to ALL via inclusive sessions, supported by St Albans Hockey Club	St Albans Hockey Club, East Drive, Oaklands College, Hatfield Road, St Albans, AL4 0JA	Sessions are Free of charge, FUN, relaxed, supportive, open to all abilities from age 5 upwards, Run on Sunday mornings during the club jnr training sessions	5 and up	Contact provider for further information		FREE	www.stalbanshc.co.uk		flyerzsahc@gmail.com

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SIGNPOSTING TO ADDITIONAL SERVICES AND SUPPORT

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 <p>Resources for Parents Additional Resources - NESSie IN ED. CIC</p> <p>https://nessieined.com/events/</p> <p>Positively Supporting Self-Harm Behaviours: 20 June Nessie Public Booking Platform (procfu.com)</p> <p>Gender Questioning Workshop: 4 July Nessie Public Booking Platform (procfu.com)</p> <p>Workshops Funded by Hitchin Mental Health Recovery Team</p>	 <p>Managing Exam Stress Managing Exam Stress - YouTube</p> <p>Ways to Wellbeing Primary ways to wellbeing series: https://www.youtube.com/playlist?list=PL5jBv9G9gCspAWY1OQGx-fGYQpcK4dn-</p> <p>Secondary ways to wellbeing: https://www.youtube.com/playlist?list=PL5jBv9G9gCsq7zJ5QEWPfMe131gERwb3Z</p> <p>Secondary - building resilience series: https://www.youtube.com/playlist?list=PL5jBv9G9gCsq3M04u8M2SeQ6zRF9lhqWv</p> <p>Coping with change: https://www.youtube.com/watch?v=j-8E-O5DDNU&t=182s</p> <p>Coping with change Podcast: https://www.spreaker.com/user/phasehitchin/change-episode-1</p> <p>Parenting podcasts: https://soundcloud.com/user-201698962</p>
 <p>Hitchin Pantry is based in Hitchin and for a small weekly fee local residents can join up as members and access a whole range of benefits. For details and a membership form www.yourlocalpantry.co.uk or call 07840 205 794</p>	 <p>FOODBANK: Emergency Food for people in crisis. Hitchin Partnership is an authorised distributor of Foodbank vouchers - please contact your school for details. Tuesdays and Fridays 10am to 12pm. https://letchworth.foodbank.org.uk/</p>
 <p>We are HertsHelp - a network of community organisations in Hertfordshire working together. We're here to listen and help you find independent support, guidance and information you need to get the most out of life.</p> <p>Monday - Friday 8am – 8pm Saturday - Sunday 10am - 6pm.</p> <p>https://www.hertshelp.net/hertshelp.aspx</p> <p>0300 123 4044 info@hertshelp.net</p>	 <p>HITCHIN VOLUNTEER ARMY Community Wardrobe: Good quality 'pre-loved' clothes for families needing support. Hitchin Partnership are authorised distributors of vouchers. Community Wardrobe</p> <p>https://www.facebook.com/HitchinVolunteerArmy/</p> <p>hitchin_vol_army@hotmail.com</p>
 <p>HERTS FAMILY CENTRES Oughton Primary & Nursery School, Mattocke Road, Hitchin SG5 2NZ</p> <p>Timetable of events - see Facebook, also available on www.hitchinpartnership.org</p> <p>https://www.hertsfamilycentres.org/contact/find-your-local-family-centre.aspx</p> <p>0300 123 7572 hitchin.fcenquiries.org.uk</p>	 <p>The Families First portal is a directory of organisations, services and groups in Hertfordshire that can help you with problems you or your family may be facing, before things might get worse. This is known as 'Early Help'. You may not want or need to ask for help from a professional and there's lots of support you can find yourself by looking on the portal.</p> <p>https://directory.hertfordshire.gov.uk/kb5/hertfordshire/directory/familiesfirst_page?familiesfirstchannel=0</p>
 <p>SEND 0-25 years Hertfordshire's Local Offer</p> <p>SEND 0-25 Hertfordshire The Local Offer lets parents and young people know what special educational needs and disabilities services are available in Hertfordshire, and who can access them.</p> <p>https://www.hertfordshire.gov.uk/microsites/Local-Offer/The-Hertfordshire-Local-Offer.aspx</p>	 <p>SERVICES FOR YOUNG PEOPLE Projects & Programmes for young people in North Herts. Various Groups - see website for full details</p> <p>Supporting You Online Project - emotional wellbeing, low mood anxiety ages 13 to 16 Monday 6pm to 8pm. NH Wellbeing Project Tuesdays 6pm to 8pm ages 11 to 14. Identity LGBT+ Online Project call 01438 843340 for details. Westmill Project Fridays 6:30pm to 8:30pm ages 11 to 14.</p> <p>www.servicesforyoungpeople.org</p> <p>0300 123 7538 sfyp@hertfordshire.gov.uk</p>